



Rub a Dub Dub – Safe in the Tub

Baby Bath Kits

Overview

As part of the home visits to our young families, MVNA nurses use donated bath kits to educate and demonstrate safe and proper infant bathing. Items in the kits support a safe and clean bathing experience for infants and parents.

Kit essentials include:

- Baby bath towel (gender neutral color)
- Baby wash cloth (gender neutral color)
- Baby wash/shampoo
- Baby wipes
- Diapers Size 1 - Put two diapers in each kit
- Desitin Ointment – or similar product
- Onesie or sleeper (gender neutral color – size 3-6 months)
- Rubber duckie-type toy/small safe developmental toy

*Please select baby wash cloths and towels as the fabric is softer and appropriate for delicate infant skin. These items come in 3 to 4 per package.

Suggestions:

- Many of the bath kit items can be purchased in packages containing multiples of the same items such as onesie, towels and washcloths.
- Package the kit in two-gallon zip-lock bags or gift bags.
- Please do not include baby lotion or baby powder.
- Volunteers who have done these kits for MVNA in the past have reported they cost about \$10 each.

For more information, please contact:

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Bucket Brigade

For older adults and seniors

Overview

Many of our older adults and senior clients lack household essentials for a safe and independent home environment, especially cleaning items. Consider collecting and donating items that can make an improvement on the safety and well-being for these individuals.

Kit essentials includes:

- 2 gallon bucket
- Floor cleaner
- Window cleaner
- All-surface spray cleaner
- Paper towels
- Sponges
- Dish soap
- Optional – sponge mop
- Optional – laundry detergent
- Optional – hand soap

This kit costs around \$15 to assemble. All items can be assembled in the bucket for easy carrying. Many of these items can be affordably purchased at dollar stores.

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Keep 'em Covered ***Host a diaper drive***

Overview

This activity is great for any group who wants to make a difference in the community. Many of the client families MVNA nurses serve are low-income and face many challenges in their lives. Diapers are a small but essential gift that can assist a family with children.

Ideas:

- Children range in diaper size from newborn to 6
- You can open up the drive so it conducts more like a 'baby shower' where other items such as formula, bibs and blankets are accepted
- Set up a crib or large box, clearly marked, as a central drop-off location
 - Always start with a few boxes of diapers so the container is not void of donations

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Feel Good Kit

Personal Hygiene Items

Overview

95% of the seniors and families that are served by MVNA are at or below the poverty line. This means that they are not able to purchase the necessary hygiene items that most families can afford.

Kit essentials include:

- Toothpaste
- Toothbrush
- Shampoo
- Conditioner
- Soap
- Unscented lotion
- Washcloth
- Chapstick (optional)

Suggestions:

- Many of the items can be purchased in multi-packs at wholesale retailers such as Costco or Sam's Club, or even the Dollar Store for items such as washcloths
- Package items in a gallon zip lock bag and label "M" (male) or "F" (female).

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First Feedings Nutrition Kit for Infants

Overview

To support early nutrition, MVNA's nurses provide extensive education and guidance on infant feeding. There are essential items that are needed to encourage good nutrition and the nurses can easily connect with the clients when they have the proper teaching tools that are in a Nutrition Kit.

Kit essentials include:

- 2 baby bibs – (can purchase 8 for \$11.00)
- 1 bottle brush (sold as two brushes to a package for \$5.00)
- 1 onesie – size 3 months (gender neutral color; sold in packages of 5 for \$8.00)
- 2 baby bottles (BPS free and prefer gender neutral colors; 3 in a package for \$4.50)
- 2 baby washcloths – (2 to 4 in a package for \$3-4.00)

Optional:

- Infant formula – Similac Advanced Powder (blue can) – \$16.00

Suggestions:

- Many of the items in the kit can be purchased in packages containing low cost multiples of the same item (for example: bibs or washcloths containing four in a package).
- Bottle purchase suggestions: Evenflo Classic 0-3 months, 3 bottles to a package about \$4.50/package (need 2 per kit). Approximate cost of the First Feedings Kit is \$7-\$10.
- Package the kit in small handled gift bag. Label the bags "b" (boy), "g" (girl) or "b/g" (gender neutral).

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First Sweet Dreams Kit Safe Sleep Kit

Overview

Teaching about infant safe sleep is a top priority for MVNA nurses as they visit families with young children. The First Sweet Dreams Kit is an essential tool that families can use to ensure their child's safety when sleeping. When combined with a Pack and Play portable crib, this kit will help reduce the potential loss of life that often occurs when children are not in a safe sleep environment.

Kit essentials include:

- New portable crib sheets (size 24x38 inches)
- Sleep sacks; infant or newborn (size small or medium, up to 30 inches)
- Pacifier
- New board book

Suggestions:

- Try to purchase items in gender neutral colors if possible
- Package items in a gallon zip lock bag

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