

**MVNA CLUB 100/101 NEWSLETTER**



**June 10, 2005**

**Minnesota Visiting Nurse Agency  
3433 Broadway St. NE, Suite 300  
Minneapolis, Minnesota 55413  
Phone: 612-617-4658**

**MVNA Lifeline program needs volunteers:** MVNA launched a lifeline program in January of this year. Our goals are: 1. To have the ability to provide a personal response system for our Home Care and Hospice Clients and 2. To use any profit we make to help cover the cost of charity care. We are looking for volunteers who could do lifeline installations once or twice a month. Each installation takes 1 to 2 hours. The training session lasts 2 hours and the volunteer will have three supervised visits before installing on their own. This is a good opportunity for volunteer work that involves people contact. It can be a fun activity for a couple or a couple of friends to do together. Please call Susan (612-617-4658) or Ana (612-617-4655) if interested or with leads to service organizations that would be interested in volunteer opportunities.

**WHY WE HAVE CLUB 100/CLUB 101:** Jeanne came to the Club 100 office to tell me how important the front carriers are to the high-risk clients that she serves. The example was a teen named “Helen” who was initially very reluctant to accept help from a visiting nurse. Jeanne was able to convince her to accept care by assuring her that her only goal was to help her become the best mom that she can be and that there would be no judging – “how you get here is history – now we move forward and put in place a structure that will give you and your baby a good chance to succeed”. Helen is doing a good job of parenting. The front pack that she got from Club 100 is a lifeline! She uses it to get back and forth to school; she uses it to soothe the baby when she is fussy and Jeanne notices that mom and baby are bonding nicely. Helen has received other support from Club 100. She is grateful that she has a MVNA nurse to help her on her journey and she is grateful for the community support from Club 100.

**Thank You! from Jeanne and from “Helen”**

**CLUB 101 REMOVES BARRIERS**

<b>COST</b>	<b>GIFT</b>	<b>RESULT</b>
<b>\$19.99</b>	<b>Lamp that allows Frank to see the syringe when drawing up insulin</b>	<b>Frank has his diabetes under control, has regained some self esteem and has saved his health plan \$'s by not using the emergency room as much.</b>
<b>\$40</b>	<b>Groceries, plus a spoon, bowl, pan &amp; can opener</b>	<b>William has food to tide him over until his next check – he also has the tools to prepare &amp; eat food</b>
<b>\$50</b>	<b>Complete outfit to wear to her husband’s funeral</b>	<b>Ana was so proud that she had decent clothes to see her husband off on his last journey</b>
<b>35¢</b>	<b>Rubber ring to put around key to the front door</b>	<b>Bill, who is blind, can find the right key to let his nurse in; and, in case of fire, he could locate the right key to get out quickly</b>
<b>\$5</b>	<b>New socks to put over the clean dressing on a diabetics foot</b>	<b>Terry is better able to keep his clean dressings in place and intact with some socks that are whole, clean and have staying power</b>

**PRICELESS: A ONE ON ONE RELATIONSHIP WITH AN MVNA NURSE  
PRICELESS: HEARTFELT SUPPORT FROM THE COMMUNITY**

*Club 100/101 is a program, which personally connects Community Women with the MVNA Nurse who works directly with families in their homes to improve their health and move them toward self-sufficiency Call 612-617-4658 to participate or for other volunteer opportunities.*