

**MVNA CLUB 100/101 NEWSLETTER**



**May 10, 2005**

**Minnesota Visiting Nurse Agency  
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**CONGRATULATIONS TO TEAM 11!** They did a great job of inspiring and helping to implement the 2005 April Shower. We had a record number of attendees (both long term supporters and people new to the project) and we received a record amount of donations. Our thanks go to Kathy Baer for welcoming us to her fabulous home and for making great desserts; to Frank and Mary Broderick for furnishing and making the entrée; and to attendees who shared their salad making talents. Our speakers were Jamilla Mohamed and Maria Elena Escoto; both talked about what it was like to come to this country as a young woman and raise a family far from the land and the culture that they grew up with. Jeannie Kumlin, PHN shared a heart warming story from the “front lines”. Thanks to Danielle Niska, Assistant Vice President of Piper Jaffray who printed our invitations, to Juut SalonSpa, Noodles, Signature Café and a number of individuals for silent auction items and to Linsk Floral for the door prize. Thanks to all of our volunteers, nurses and clinical managers who helped to make this event a success!!

**WHY WE HAVE CLUB 100/CLUB 101:** Jane, PHN, had just visited Laura and she called to ask a favor of Club 101. Laura is a 70yr old woman who has spent her life serving other people and now needs some help. She lives in low-income housing and manages to make ends meet with her social security check and medical assistance. She has always managed her own health care but because of poor eyesight or because she couldn't afford the copays, she wasn't taking her medication properly and her congestive heart failure was steadily getting worse. Jane was asked to visit her to help set up a medication regime that would insure she was taking the right medication at the right time. This has been successful, but the correct dose of diuretic has caused some incontinence and Laura has no room in her tight budget for any extra supplies. Thanks to the donations of The April Shower we were able to help her out by furnishing her with some incontinence products. She is very grateful that people are willing to help and so are we.

**CLUB 100 OVERCOMING BARRIERS**

<b>COST</b>	<b>GIFT</b>	<b>RESULTS</b>
<b>\$35</b>	Portable crib	Safe place for baby to sleep. can prevent death of an infant who must sleep with parents, sibs or on a sofa cushion in the middle of a floor
<b>\$20</b>	Stroller	Safe transportation for mom and baby to clinic, food shelf or to the park to play
<b>\$13</b>	Front pack (Snugli)	Promotes bonding for mother & baby Provides safe transportation when using public transport
<b>Price less</b>	Hand made sweaters, blankets, breast feeding pillows & teddy bears	Warmth, softness, support, pride in ones' baby and the thought that someone made this for you with hands & heart.

**PRICELESS: A ONE ON ONE RELATIONSHIP WITH AN MVNA NURSE  
PRICELESS: HEARTFELT SUPPORT FROM THE COMMUNITY**

*Club 100/101 is a program, which personally connects Community Women with the MVNA Nurse who works directly with families in their homes to improve their health and move them toward self-sufficiency Call 612-617-4658 to participate or for other volunteer opportunities.*