



2010 H1N1 Insurance and Criteria

*MVNA is one of the largest nonprofit Seasonal flu immunization providers in Minnesota. All proceeds from our Flu Immunization Program go directly to support the home nurse visits to the ill and disabled adults and elderly in our community, as well as mothers and children in need. Your annual Seasonal flu immunization helps protect you and your family from the flu, and it does something good for the community! **Thank you!***

H1N1 Flu Shots:

H1N1 flu shots available for individuals ages **4 and above**. Some clinics will offer shots for ages 6 months and above. Children under age 18 must have a parent present. All clinics are subject to vaccine availability. MVNA is working closely with individual Counties and Local Public Health to bring vaccinations to you! Each clinic has different parameters with regard to age limitations, type of vaccine available and fees. Those requesting a H1N1 vaccination should bring their insurance card(s) if possible.

MVNA Nurses will NOT give H1N1 flu shots to those who have:

- a severe allergy to eggs or other vaccine components
- had a serious allergic reaction or other problem after getting an influenza vaccination
- a fever or an active infection at the time of the vaccination
- a history of Guillain-Barré Syndrome

Please see the CDC- H1N1 Influenza Vaccine Information Statement for more information at:
<http://www.cdc.gov/vaccines/pubs/vis/downloads/vis-inact-h1n1.pdf>

H1N1 Nasal Spray:

H1N1 nasal spray is available for individual's ages **2 through 49 years old**. Children under age 18 must have a parent present. All clinics are subject to vaccine availability. MVNA is working closely with individual Counties and Local Public Health to bring vaccinations to you! Each clinic has different parameters with regard to age limitations, type of vaccine available and fees. Those requesting a H1N1 vaccination should bring their insurance card(s) if possible.

MVNA Nurses will NOT give H1N1 nasal spray to those who have:

- Adults age 50 or older, or children between ages 6 months to 2 years
- People with long-term health conditions such as: heart disease, lung disease, asthma, kidney or liver disease, metabolic disease such as diabetes, anemia or other blood disorders
- People with muscle or nerve disorders such as seizures or cerebral palsy
- People with a weakened immune system
- Children or adolescents on long-term aspirin treatment
- Pregnant women or women expecting to become pregnant during the flu season
- People who have taken prescription medicine to prevent or treat influenza in the past 48 hours
- People who have been vaccinated with MMR, Chicken Pox, or Seasonal Flu Mist within the past 30 days

Please see the CDC- H1N1 Influenza Vaccine Information Statement for more information at:
<http://www.cdc.gov/vaccines/pubs/vis/downloads/vis-laiv-h1n1.pdf>

Thimerosal Free Vaccines:

H1N1 Nasal spray is available at MVNA public clinics, which is a thimerosal free vaccine product. Please see vaccine criteria above, for individuals qualified to receive nasal spray. Sorry, MVNA does not have a supply of thimerosal free injectable vaccine at this time.