



*Stories  
from the Heart*

2008 ANNUAL REPORT

*1902-2008*



## Letter from CEO | Letter from Board Chair

Hello Everyone!

As I reflect on the 2008 year, it seems so long ago. Time does fly the older one gets. I guess I'm talking about myself here. Last year, even though there was a significant downturn in the economy and MVNA's long-term investment account was almost cut in half, MVNA served more clients in Home Health, Family Health, and PCA than in the last five years. Club 100 raised more in-kind donations in 2008 than in any previous year and we served more clients.

At the end of the year, MVNA maintained its stability and strength both programmatically and financially (especially with a great flu season) preparing us to weather the national economic storm we expect over the next few years.

Refocusing in 2009, it's almost time to begin our flu season again. I said "almost" because first is the State Fair.

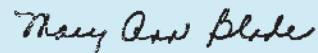
Look us up! We will be at the Health Fair 11 booth doing cholesterol testing in partnership with North Memorial and providing diabetic screening clinics in the Cub Pharmacy booth. As soon as we're done at the fair, we will be preparing to start our Seasonal Flu Clinics earlier than normal. We want everyone vaccinated for the seasonal flu before the H1N1 vaccine arrives. For that virus, you will need two shots to be immunized. Pay attention to the news for the announcement of where you can get this immunization. Remember, sneeze in your sleeve and wash your hands often. If you are sick, stay home. The World Health Organization anticipates two billion people will get sick with the H1N1 flu virus this year. It is good to know that our Public Health Community is preparing to handle the worst case scenario and hoping for the best. We will be part of the Pandemic Flu Team to aid the counties in giving the H1N1 flu immunizations.

On a happier note, we had a fantastic Annual Fundraiser, raising more than \$80,000 for our acute and chronically ill Home Care clients. Thanks to all of you for your generous donations. We honored Jack Davis, who received the Frederick Hawley Chute Award, and recognized former board members and their families.

Our April Shower this spring brought in many donations of diapers, funding for cribs and many clothing items and toys for babies.

This is really a wonderful community! I'm so glad to be part of it.

Sincerely,



Mary Ann Blade, CEO

Dear Friends of MVNA,

On behalf of the Board of Directors and the staff of MVNA, I want to thank you for your support of this fine organization. We could not fulfill our mission without your help.

In this time of tough economics and tumultuous change in the health care system, MVNA makes every effort to continue to provide high quality care and services to our clients. We do this through strong and creative leadership, dedicated and passionate staff, caring and selfless volunteers, generous donors and our many public and private partners. The health and well-being of our clients is always our primary focus. We continue to look for new opportunities to enhance that work.

In the coming months we face some big challenges, including a possible flu pandemic, health care reform and finding a new CEO. We will meet these challenges with thoughtful preparation and good transition planning.

We invite you to continue with us on this journey.

Sincerely,



Joan Campbell  
Chair, Board of Directors



## Who We Are

The Minnesota Visiting Nurse Agency (MVNA) is a nonprofit home health and public health care provider in the Twin Cities Metro Area. For over 107 years, MVNA's staff has served people in need of nursing, therapy and other supportive services. MVNA is licensed by the State of Minnesota, certified by Medicare and accredited nationally by CHAP (Community Health Accreditation Program).

## Our Mission

The mission of Minnesota Visiting Nurse Agency is to provide comprehensive and culturally competent community health and related services in collaboration with public health and health service providers to ensure a healthy future for Minnesota residents.

## Agency and Mary Ann Blade Awards

- 2009 Boynton Health Services *Barbara Lee Partnership Award* for participation in the U of M's Guinness World Record Flu Shot Event
- 2006, 2007, 2008 Minnesota Department of Health flu shot provider *Mark of Excellence Award*
- 2007 Minnesota Chapter of Pediatric Nurse Practitioners *Outstanding Commitment to Young Families-* MVNA and Club 100
- 2007 *Healthy City Award*, City of Minneapolis, honored Mary Ann Blade, CEO
- 2006 *Shotwell Award*, Hennepin Medical Society, honored Mary Ann Blade, CEO
- 2005 *Home Care Agency of the Year Award*-MVNA is the first and only to be named by the Minnesota HomeCare Association
- 2002 Blue Cross/Blue Shield *Champions of Health Award*
- 2001 United Way *Excellence Award* (8 agencies were named)
- 2001 *Quality of Life Award* from the Greater Minneapolis Chamber of Commerce

## Thank You 2008 "There's No Place Like Home!" Event Sponsors





# Stories from the Heart...

## Family Health

### A Tiny Baby's Story of Survival

For any first-time parent, caring for a newborn baby can feel like a daunting task. Tanya's\* baby, Kendall,\* was born premature at just 24 weeks and weighed only one pound, eight ounces. Understandably, her concerns were elevated. "I was scared, I didn't know what to think," said the first-time mom.

Though today she has bright eyes and an inquisitive face, Kendall has had to fight to make it home. She spent the first four and half months of her life in the hospital and has had several surgeries to correct problems that are typical of premature babies. One was to correct a heart defect and another for a malrotated bowel.

The MVNA Family Health Nurse, Vicky,\* has been helping Tanya navigate the many additional challenges that come with a premature baby, even offering advice on common issues such as diaper rash.

When Kendall finally came home, she was still on oxygen therapy and used a feeding tube for most of her nutrition. One of the biggest goals Tanya wanted Vicky's help in achieving was transitioning to bottle feeding. "Transitioning from the feeding tube to bottle can be difficult, but Kendall took right to it," said Vicky. Though Kendall still has the feeding tube, it hasn't been used for several weeks. "Mom wants to be the one to do the honors of removing it because it's such a milestone for her," said Vicky.

Kendall also has weaned off the oxygen therapy and now uses a nebulizer daily, which Tanya has learned to administer herself. Since premature babies are at an increased risk for respiratory syncytial virus (RSV), Vicky administered a preventative vaccine to Kendall once a month for the first several months.

As Vicky prepares to weigh Kendall on today's visit, Tanya makes a prediction: "We're going to weigh 16 pounds today, right?" Last time, Kendall weighed 15 pounds. While this particular weigh-in doesn't see an increase, "I think she's grown taller since last time, which is normal," says Vicky.

Tanya notes that Kendall has become more mobile lately and hopes she'll crawl soon. "She'll get up on her knees and rock for her cousin, but not for me," she says. Tanya admits she's nervous about what the already-curious 10-month-old may get into. "Just remember, a curious baby is a smart baby," Vicky reminds her.

"If I didn't have Vicky, I'd be a nervous wreck, worrying if Kendall was gaining enough weight or breathing fine," says Tanya. "Vicky brings a peace of mind."

\*Names have been changed to preserve client and nurse confidentiality.

MVNA provides home visits by Certified Public Health Nurses and Family Health Aides, giving family-centered and community-based nursing services to clients from diverse racial, ethnic and socioeconomic backgrounds. Healthy birth outcomes and positive early parent-child relationships are the focus along with the healthy development of infants and young children, injury and illness prevention and a safe living environment.

### Family and Public Health Nurse Home Visits:

- Recently delivered mothers and their infants
- High-risk pregnant women
- Acute and chronically ill children:
  - Newborn Neonatal Intensive Care Unit follow-up
  - Post hospitalization follow-up
  - Handicapped children
  - Lead poisoning and pediatric asthma
- Family Health Aide/Community Health Worker
- Pregnant and parenting teens
- Unexpected infant loss and grief support
- Specialized contract programs
- Interpreter services

### 2008 Family Health Care Service Facts

- 24,664 visits made - 5,585 clients served
- 2,045 Interpreter visits made
- 300 (+) average referrals received per month
- 70% of clients live in the City of Minneapolis
- 83% of pregnant teens are in school/graduated
- Child care consultation services
  - 206 child care centers served
  - 115 workshops taught - 2,131 attendees
- K-12 charter school health consultation services
  - 34 charter schools served - 612 visits
- PICA Head Start
  - 12 PICA Head Start centers served - 380 visits
  - 341 PICA workshop participants

**Getting started with Family Care: Call Intake at 612-617-4700**

# Home Health



## A Dying Wish

Selma\* and her family had lived in their Minneapolis home for 30 years. As she looked around the room from her recliner, she described her one wish: "I don't want to go to a nursing home; I want to die at home."

A month later, Selma's wish was granted.

"It was a bittersweet end for a woman who had already defied the odds," said Cheri,\* Selma's MVNA nurse for a year and a half. "The truth is she lived three years longer than she should have."

Selma suffered from serious medical conditions including heart and renal failure, chronic obstructive pulmonary disease and cirrhosis of the liver. While in the hospital, she had nearly died three times before.

Before receiving home health visits from an MVNA nurse, Selma's daughter, May,\* took charge of caring for the family. Then Cheri stepped in and was able to monitor Selma's health and bridge the gap between her cardiologist, nurse practitioner and family.

"I called Cheri a few times a week for advice, and that made such a difference caring for Mom," May explained. "It was a partnership."

Cheri took lab draws twice a week and helped arrange weekly doctor visits for Selma to keep her out of the hospital. She also streamlined Selma's medications – she went from 30 medications to around 15. And despite some pushback, Cheri implemented a strict diet for Selma.

"Being on a restricted, low-sodium diet has been the greatest frustration – I just want a Polish sausage," Selma explained with a smile.

For Selma, Cheri was able to provide her with comfort and a better quality of life. What's more, Selma got her final wish to die at home in her own bed with her loving family by her side.

*\*Names have been changed to preserve client and nurse confidentiality.*

## Home Health Care Nurse Visits:

Certified Public Health, Registered, and Licensed Practical Nurses implement and coordinate doctors' orders for specialized care and provide educational support about disease management, symptom control, and medication management. MVNA Home Health Nurses educate the client on how to perform self-care with technical procedures, if the client is able to do so. Social Workers provide support and counseling about finances and community resources. Therapists provide physical, occupational and speech therapy. Home Health Aides provide assistance with personal care: bathing, grooming, dressing, and homemaking.

## 2008 Home Health Care Service Facts

### Common Types of Referrals:

- Acute chronic illnesses
- Mental health
- Heart conditions
- Medication management
- Cancer
- Terminally ill
- Diabetes
- Respiratory disease

### Services Available:

- Intermittent skilled, chronic care and maintenance levels of nursing services
- Home Health Aide / Homemaker
- Therapies: I.V., physical, occupational, speech
- Medical social services
- Wound care: post surgical and chronic
- Foot care programs
- Block Nurse: Nokomis, St. Anthony Park, and The Roseville Senior Center Programs
- Palliative care for advanced and/or terminal illness
- PharmD Services through partnership with University of Minnesota School of Pharmacy
- Lifeline Personal Response System

### Facts:

- 37,175 visits made - 1,478 clients served
- Average 150 referrals received per month
- 198 Lifeline subscribers

### Eligibility:

Anyone residing in Hennepin, Ramsey, near Anoka, and Dakota Counties.

### Who Pays For Services:

Coverage varies depending on the policy benefits and types of services needed. Here are examples of the types of insurance we accept: Medicare, Blue Cross/Blue Shield, Health Partners, MHP, Medical Assistance, Medica, UCare, Veterans Assistance, Private Pay, Sliding Fee Scale, Private Donations

As a United Way agency, we are able to serve individuals and families regardless of their income. To donate, please go to [www.mvna.org](http://www.mvna.org).

**Getting started with Home Care: Call Intake at 612-617-4700**



# Stories from the Heart...

## Corporate Health

### MVNA Flu Vaccine Clinics Give Boost to Community Caring

Now is the time to think about simple, preventative steps everyone can take to reduce the spread and severity of seasonal influenza – and simultaneously give back to the community! Since 1994, MVNA has provided over 1.6 million community and worksite flu vaccinations. It's important to choose an expert professional flu vaccination provider for yourself, your family or employees. A quick, easy and convenient flu vaccination from MVNA is an important step to help keep you and your family members healthier.

Plus, as a nonprofit, MVNA diverts all financial proceeds from the flu clinics to support in-home nursing care to ill and disabled adults, and children in need. "In these difficult economic times, it only makes sense to receive your annual flu vaccination from an organization committed to the long-term health of the community," said Mary Carroll, Corporate Health Nursing Director.

New concerns for this fall and winter revolve around a second flu virus, the novel influenza A H1N1 virus, or swine flu. "It is in the best interest of your community, as advised by health experts across the country and the world, to do what you can to reduce the spread of any type of influenza," said Carroll. "We know that basic hygiene rules such as hand washing, covering your mouth when you cough or sneeze, avoiding touching your eyes, nose or mouth, and staying home when you're sick helps reduce the spread of both the H1N1 and the seasonal flu." For the seasonal flu, getting an annual vaccine is one of the best ways to help protect yourself and those around you. Another vaccination for the H1N1 flu virus is still in discussion and production at the federal level.

Once again, MVNA will hold seasonal flu vaccination clinics staffed by Registered Nurses (RNs) at Minnesota Cub Foods locations in September and October. "RNs are highly trained and administer vaccinations regularly. In light of the Centers for Disease Control recommendations last year that all children age six months through their 18th birthday get vaccinated, thousands of families realize the Cub Foods clinics are easy and convenient locations to get the entire family vaccinated," said Carroll.

MVNA RNs will administer flu vaccinations at specific Minnesota Cub Foods locations on Sept. 16-19, 23-26, and Oct. 7-10, Wednesdays through Fridays, 2 p.m. to 8 p.m. and Saturdays, 10 a.m. to 4 p.m. Children as young as 4 may be vaccinated at the public MVNA clinics. Most major Minnesota health insurance

plans are accepted. Please visit our website for a complete list of MVNA clinics at [www.mvna.org](http://www.mvna.org).

Additionally, it's not too late for your company to schedule an MVNA work-site vaccination clinic. MVNA provides convenient online clinic registration; flexible scheduling; individual online employee appointment scheduling (decreases long waiting lines); and total billing of employee's health insurance plans. Companies can register their flu shot clinic at [www.mvna.org](http://www.mvna.org), or by calling the local scheduling line at 612-617-4784, or for out state call 877-854-1755.

### 2008 Immunization and Wellness Service Facts

Health Service Provided	Statistics
Influenza Vaccinations .....	152,779
Diabetic Screenings (includes State Fair) .....	6,633
Cholesterol (includes Cub spring event).....	1,160
Pneumonia Vaccinations .....	936
Biometric (Cholesterol, Glucose, B.P., BMI).....	373

### 2008-2009 MVNA Flu Season Highlights:

- MVNA is recognized for the third consecutive year by the Minnesota Department of Health "Mark of Excellence" certification program for adhering to the Centers for Disease Control and OSHA standards of practice.
- Participated in the University of Minnesota's Guinness World Records Flu Shot Event on October 28, 2008 - broke the World Record assisting the U of M in giving over 11,538 influenza shots in one day.
- Implemented 40 Cub Foods public clinics in early March following the unfortunate death of two Minnesota children from influenza. Administered 600 vaccinations to children and adults.
- Mary Ann Blade, CEO, acted as the national spokesperson for the Visiting Nurse Associations of America's (VNAA) "Say Boo to the Flu" events. The Minnesota event was held by MVNA at the Mall of America.
- Collaborated with the Minneapolis Public Schools to conduct eight on-site daytime student and staff influenza immunization clinics.

### Getting started with Wellness and Immunization Services:

Visit our website at [www.mvna.org](http://www.mvna.org)

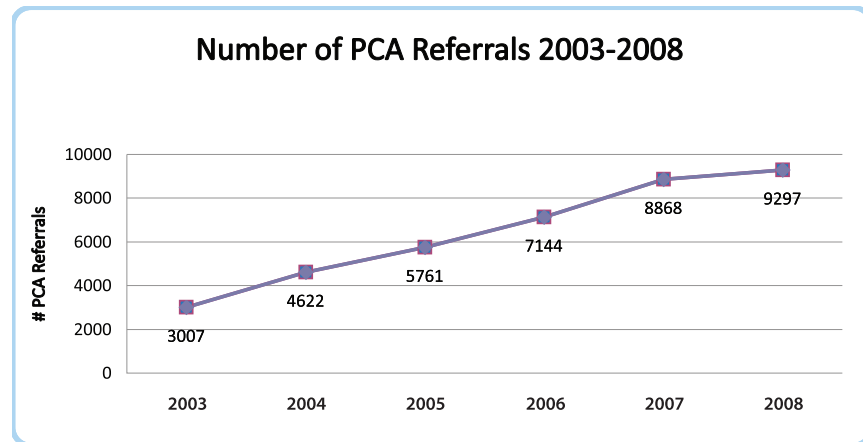
# Personal Care Assessment Program



## Did You Know...

**MVNA performs about 70 percent of all Personal Care Assistant (PCA) assessments in Minnesota.** PCAs assist individuals with disabilities in their everyday activities such as eating, dressing and bathing. An assessment by a Certified Public Health Nurse is required before many counties and managed care organizations agree to compensate a PCA for services; that's where MVNA comes in.

MVNA works with five metro area counties and several managed care organizations, including Medica and UCare clients throughout the state, to assess the need for a PCA in an individual's home. MVNA's Certified Public Health Nurses assess an individual's level of independence and need for assistance doing basic everyday tasks. They then determine if the individual requires a PCA, and if so, how many hours of assistance the individual may need on a regular basis. PCA support enables clients to stay in their own home and out of assisted living or nursing homes.



MVNA's PCA assessment program has grown 450 percent since 2002. "We're an objective resource for counties, managed care organizations and families to assess how much PCA time a person may need," said Tricia Alvarado, Director of Home Health and PCA for MVNA. "We're not focused on a dollar amount—our recommendations are based solely on a client's needs."

### 2008 PCA Assessments Service Facts:

Total Referrals.....	9,297
Total Clients Served.....	7,905
Total Visits Completed.....	8,461
PCA Interpreter Visits.....	2,608

## Hospice of the Twin Cities

Hospice of the Twin Cities is a wholly owned subsidiary of MVNA. As a nonprofit 501(c)(3) organization, Hospice of the Twin Cities offers comprehensive care focused on easing the physical, emotional and spiritual pain that often accompanies a terminal illness. Offering outstanding care, hospice team members are dedicated professionals who specialize in meeting the individualized needs of terminally ill patients and their families, and is licensed by the State of Minnesota and certified by Medicare and Medicaid.

"Hospice is about relationships and support systems. During this very meaningful and critical time, when people need to make end-of-the-life decisions, hospice becomes an important piece in the delivery of quality care. Hospice must be competent in many areas including managing the medical delivery of palliative care and implementing the psychological skills of a counselor; but facilitating family relationships is the hallmark of quality in a hospice program."

—Dianne Bartels, R.N., M.A., Associate Director, Center for Bioethics, University of Minnesota

**For more information call Hospice of the Twin Cities at 763-531-2424 or 1-800-364-2478 or visit [www.hospiceofthetwincities.com](http://www.hospiceofthetwincities.com).**



# Stories from the Heart...

## Club 100, Club 101 and Adopt-A-Family

### MVNA Covering Holes in the Safety Net

Linda,\* an MVNA client, was experiencing a difficult pregnancy with her fourth child and was unable to work. Soon after, her apartment building went into foreclosure. She and her family had to move quickly and settled into a one-bedroom apartment in an older building, only to discover it was infested with bedbugs. All of the children were suffering from bedbug bites.

The tough economy has brought even more challenges for people like Linda trying to get back on their feet after or during an illness. Club 100 and Club 101, MVNA's community of hundreds of in-kind donors, have been hard at work to provide an emergency "safety net" for MVNA clients. The simplest necessities, such as food and baby formula or a place to live without bedbugs can be just out of reach.

"The ongoing economic situation fuels day-to-day stress factors in the lives of our clients and may ignite additional long-term health conditions," said Mary Ann Blade, MVNA CEO. "Through Club 100 and Club 101, MVNA is able to respond to the barriers faced by our clients."

Many MVNA clients have found themselves in Linda's position of having to move quickly from housing in foreclosure, only to find themselves in substandard housing. Pest infestations, such as bedbugs and cockroaches, are common. Also, much of the housing has no functional heat source, causing families to use their ovens for heat. Requests for blankets, smoke detectors and carbon monoxide detectors from Club 100 have increased as a result.

Other MVNA clients are moving in with one or two other families, causing crowded and chaotic households, often without a safe place for babies to sleep or eat. This had led to an increase in requests from Club 100 for portable cribs and high chairs.

In addition to caring for Linda's health, her MVNA Public Health Nurse, Shelly,\* created a plan to stabilize her home and reduce the pest infestation. Through MVNA's Club 100, Shelly was able to secure items to help get rid of the bug infestation, including beds, bedding and cleaning supplies.

With the bedbug problem alleviated, anxiety has decreased for the family, especially for Linda. Shelly can now focus on Linda's health.

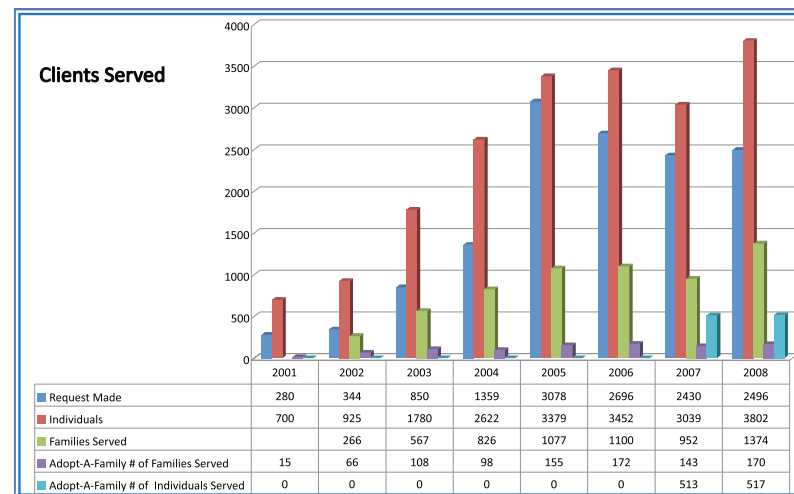
"When these basic needs are met, MVNA Public Health Nurses and their clients can concentrate 100 percent on core health issues," said Blade.

*\*Names have been changed to preserve client and nurse confidentiality.*

### In recent months, Club 100 and Club 101 have seen dramatic increases in demand for essential non-medical items:

- \$20 Cub Foods gift cards
- Infant formula
- Nutritional drinks for older adults
- Portable cribs for a safe sleep environment
- High chairs to support nutrition

**Getting started with Club 100/101 or Adopt-A-Family:  
Call MVNA at 612-617-4600**



# 2008 Generous Donors

## Thank You!



3M Abrasive System Division  
3M Center Corporate IT Department  
3M Golf Championship  
3M Optimized Operations  
3M Six Sigma Operations  
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Abrahamsen, Lynn  
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Benson, Catherine  
Berendes, Ann  
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Bhola, Shelley  
Biah, Arthur  
Bianchi, Stephen  
Bierschbach, Susan  
Bilka, Paul  
Birchbark Books

Bird, Beth  
Birkholz, Joann  
Birthday Buddies  
Blackwell, Charlie  
Blade, Jeff  
Blade, Mary Ann and Richard  
Bleedorn, Linda  
Bloomquist, Mary and Ronald  
Blue Cross Blue Shield  
Bode Johnson, Helga  
Bohmann/Riehle Family Fund of  
The Minneapolis Foundation  
Boston Scientific  
Bowler, Patty  
Boyd, Dawnette  
Brennan, Patty  
Broderick, Frank and Mary  
Brodin, Carol  
Broekhuis, Rodney and Fonda  
Brooks, Becky  
Brooks, Sandra  
Brostrom, Laura and Michael  
Brown, Jennifer and Colin  
Brown, Lisa  
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Brust, George and Janette  
Bryan, Kyle and Diane  
Bulinski, Gregory  
Bundles of Love-North  
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Burandt, Barbara  
Bynum, Gail  
Call, Tiffanie  
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Carrier, Madeline  
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Christensen Family  
Christensen, Jean  
Church of St Mark, St. Paul  
Clifford, Pamela  
Club 101 Team Blamey  
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Cooney, Walter  
Cote, Jesse  
Crandall, Gerald and Ellen  
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Creative Health Care Management  
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Crottier, Kadee  
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Dahm, Jenny and Friends

Dale, Deborah  
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Debner, Kristin  
Debner, Linda  
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DeMoss, Mary  
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Diebold, Terry  
Diemert, Carol  
Dilger, Jerry  
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Doth, David  
Doyle, Jennifer  
Dressler, Connie  
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Elwood, Dee  
Ely, John  
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Engquist, Sandra  
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Erdall, Richard and Barbara  
Eskedahl, Susan  
Espinosa, Shelly  
Etten, Kelli  
Etzkin, Ellen  
Evenson, Jacquelyn  
Excelsior Eastern Star  
Faffler, Jeffrey  
Fagermess, Allison  
Families Moving Forward  
Faust, Pam  
Faville, Kathryn  
FedEx Express Minneapolis  
Feidt, Joseph and Hangartner, Susan  
Feigal, Robert and Stickle, Ceese  
Feldman, Bernadine  
Ferguson Group (Linn and Marie)  
Ferguson, Carol  
Finley, Jennifer  
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Ford, Judith  
Frank, Paul and Rosa  
Franz, Shelly  
Franzen, Carol  
Fridgen, Janet

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Gangal, Venkat  
Gangelhoff, Joseph and Jennifer  
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General Mills-Devox Integration Tema and  
Gcom Division  
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Gilbert Family  
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Gold, Gloria  
Gomez, Isabell  
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Goodhue, Amy  
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Greene, Barbara  
Greenfield, Leon/Marcia  
Grosenick, Paula  
Grunewald, Rob  
Gunderson, Mary  
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Hansen, Sherry  
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Harrison, Connie  
Hartwig-Caulley, Heather  
Hassler, Larry  
Hatler, Carrie  
Hatlestad, Robin  
Hatmaker, Rose  
Hausman, Alice  
Hayes, Judy  
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and Executive Leadership Team  
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Heck, Anne  
Heinen, Allen and Dorie  
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Hennepin Faculty Associates  
Hennesen, Jill  
Herman, W. Randolph and Angeline  
Hickory Tech  
Hight, Devin and Jennifer  
Hite, Nancy  
Hobbie, Russell and Cynthia  
Hockenberry, Thomas  
Hoerr, Thomas and Nanette  
Holland, Gena  
Hollen, Nancy  
Horozanicki, Mary and Joseph  
Howard, Sally  
Hoza, Shirley  
Huebschen Family  
Hull, Harry  
Hunwardsen, Kim  
Imdieke, Brian and Sarah  
Imdieke, Geri  
Imme, Dawn  
Interlachen Country Club  
Invie, Patricia  
Isabell, Mary  
J and H Used Furniture and Spare  
Antiques

Jacobs, Donald  
Jensen, Charlotte  
Johnson, Brian  
Johnson, David and Barbara  
Johnson, Duane and Barbara  
Jones, Jeanette  
Jones, Jeff and Ochse, Ruth  
Jones, S.L. and L.V.  
*In Honor of Karin Quick and Jeff Beltola*  
Jordan, Michelle  
Justus, Kathy  
Kaiser, David and Jean  
Kaitala, Larry and Frances  
Kamstra, Dennis and Joyce  
Kang, Shelly  
Karbo, Karen  
Katzmarek, Nancy  
Kelen, Miriam  
Keller, Sara  
Keller, Sue  
Kelly, Jean  
Kelly, Julie Ann  
Kelly, Patricia  
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Kildow, Ruth  
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 Usem, Ronald  
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 Van Tassel, Brent and Christine  
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 Vargas, Enrique and Edie  
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 volunteers that help to make this work  
 possible!  
  
 Please accept our apologies if we  
 inadvertently missed listing anyone, or  
 incorrectly spelled your name. Please let  
 us know, by calling Laura Silvernale at  
 612-617-4667.

# 2008 Financial Summary



## MVNA & Affiliate (Hospice of the Twin Cities)

12/31/08

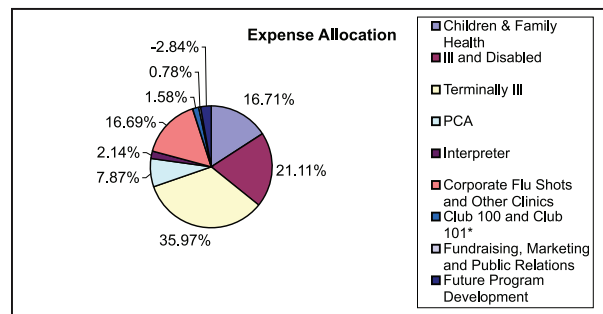
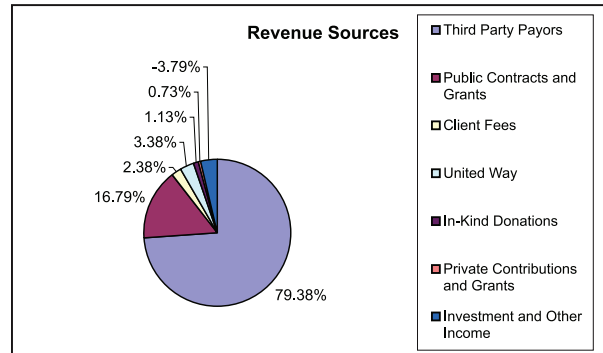
### Revenue Sources

Third Party Payors	79.38%	17,849,357
Public Contracts and Grants	16.79%	3,775,835
Client Fees	2.38%	535,204
United Way	3.38%	760,568
In-Kind Donations	1.13%	253,068
Private Contributions and Grants	0.73%	164,933
Investment and Other Income	-3.79%	(853,320)
<b>100.00%</b>		<b>22,485,645</b>

### Expense Allocation

Children & Family Health	16.71%	3,757,140
Ill and Disabled	21.11%	4,747,299
Terminally Ill	35.97%	8,088,120
PCA	7.87%	1,768,580
Interpreter	2.14%	481,390
Corporate Flu Shots and Other Clinics	16.69%	3,752,039
Club 100 and Club 101*	1.58%	354,189
Fundraising, Marketing and Public Relations	0.78%	175,643
Future Program Development	-2.84%	(638,755)
<b>100.00%</b>		<b>22,485,645</b>

\* Includes \$176,143 of in-kind donations redistributed



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## *2009 Upcoming Events*

### **Flu Clinics:**

#### **Cub Seasonal Influenza Vaccination Clinics:**

September 16-19      Wednesdays-Fridays 2:00 p.m.-8:00 p.m.  
September 23-26      and Saturdays 10:00 a.m.-4:00 p.m.  
October 7-10

#### **Say Boo to the Flu! Immunization Clinic:**

Mall of America, in conjunction with the World's Largest Indoor Trick-or-Treat Event  
Saturday, October 31

**Please check our website for a full listing of clinics and details at [www.mvna.org](http://www.mvna.org)**

### **Free MVNA Lunch and Tour:**

Mini-visit at MVNA  
October 27 and November 24  
11:30 a.m.-12:30 p.m.  
3433 Broadway St NE #300  
Minneapolis, MN 55413

### **Community Classes:**

CPR, First Aid and AED training with American Heart Association instructors and two-year certification.  
Please visit our website for a full listing of regularly scheduled dates and times at [www.mvna.org](http://www.mvna.org).

### **Adopt-A-Family 2009:**

Corporations, organizations and individuals may sign up to support holiday giving for an MVNA client in need. Please contact  
Michelle Lichtig at 612-617-4600.

### **Donate:**

Please support the work of MVNA by donating at [www.mvna.org](http://www.mvna.org). Thank you!