



Classes Offered

- ◆ Heart Saver CPR-AED
- ◆ Basic Life Support for Health Care providers
- ◆ Heart Saver First Aid
- ◆ Pediatric First Aid

For more information:

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CPR and First Aid

Help create a safe work environment for your employees and organization. Create awareness for the importance of workplace safety and empower your employees by teaching them essential life-saving skills. Customized and on-site CPR and First Aid classes provide a valuable benefit to your employees, organization, and community.

Teaching your employees the benefits of CPR and First Aid can save a life and bring peace of mind to your staff and customers through the knowledge that certified CPR and First Aid providers are amongst your workforce. The ability to train your staff in the elements of CPR and First Aid can help you reduce the possibility of fatal outcomes for an employee or customer.

Why Choose MVNA?

- ◆ **Experience, trusted staff**
American Heart Association (A.H.A.) instructors deliver expert, onsite training classes. Our BLS certified, A.H.A. instructors have over 25 years of experience to offer.
- ◆ **Customized**
MVNA structures a tailored program to fit your organization's business and professional needs. Experienced instructors offer easy to follow training at your worksite.
- ◆ **Competitive prices**
MVNA provides competitive prices and volume discounts.
- ◆ **Lasting impact**
Each participant receives an A.H.A. two year certification and card.
- ◆ **Benefits the Community**
MVNA's nonprofit status and mission driven philosophy allows proceeds from our CPR and First Aid classes to be reinvested in the community.
- ◆ **Easy administration**
Providing a single point of contact, a designated Program Manager ensures smooth class scheduling and implementation.

CPR doubles a person's chance of survival from sudden cardiac arrest.