



# COMMUNITY CARING

## Club 100/101: A Community of Caring

## Summer 2009

### In This Issue

[Through a Nurse's Eyes](#)

[April Shower Goal Met](#)

[Project Kit Guidelines](#)

### Congratulations to the Volunteer of the Year!



**Altrusa International of St. Paul** was awarded the MVNA Volunteer of the Year for the group's on-going service to Club 100 at the MVNA Annual Meeting in May.

This 20 member service organization, which is a local club of an international organization, devotes many hours to MVNA by assembling books for the parenting teen program and also is involved with other MVNA projects, such as the Holiday Adopt-A-Family.

Altrusa International Club of St. Paul's mission is to provide service and support to individuals and community agencies that demonstrate a positive influence in their community, placing primary emphasis on helping women and children.

(Continued on Back)

### Through a Nurse's Eyes...

Mary\* is an experienced public health nurse, but is new to the MVNA Maternal and Child Health Department. Here are a couple of stories she would like to share as she experiences the impact of community donations through Club 100/101.

"From the day I started at MVNA, I utilized Club 100 for my clients. I feel that Club 100 is a tool that is helping me build rapport and relationships with my clients and their families.

One of my clients is a teenage mom sleeping with her baby. When I offered to bring her a Pack and Play (portable crib), the client opened up to me and was honest about not having enough money to pay for a crib and expressed her concerns of the dangers of sleeping with her infant. I explained that we could offer a portable crib because of a great community of donors. She was thankful and amazed that the community cared about her and her baby.

Another client is a teenage mother of a one year old who received an umbrella stroller through Club 100. With the stroller, this mom was able to take the city bus and bring her baby to a structured day care center. The mom was going to wait until she went back to high school in six weeks to start day care, but the donation from Club 100 enabled her child to go to day care, receiving the support and stimulation that she needed now.

I have found Club 100 to be a powerful and invaluable tool in supporting my clients. It helps me build bridges with the families so I can collaborate with them and guide them toward the goals of becoming more informed and self-sufficient. It also helps me build trust with my clients by showing them that I not only care about their medical needs, but I am also concerned with their non-medical needs. I am so grateful to the community for caring about and supporting my clients."

*\*Name changed for privacy.*

### April Shower Event Goal Met!

The Annual April Shower and silent auction volunteer thank-you gathering was a success!

Hosted by Club 100 Team 11, over 90 people attended the shower at the home of Wendy Bennett. Music, delicious food, a silent auction and great weather were perfect ingredients for an enjoyable evening.

We met the goal of raising \$10,000 in in-kind and cash donations. About \$3,300 was raised in response to the crib appeal (portable cribs). One hundred infants will benefit from this donation and will be sleeping like a baby should...safely in a crib. Thank you to all who participated this year and helped us meet our goal!

## Upcoming Events

**November 1 - Adopt-A- Family Donor Sign Up Deadline** - It may be hard to think of the Holidays on a nice summer day, but they do sneak up on us. Talk to your family and co-workers about participating in an MVNA Adopt-A-Family project for this holiday season.

Contact Peggy Custard @  
custardp@mvna.org or call 612-777-8461 for more information.

### Host a Flu Shot Clinic -

Registration has begun for Flu Shot Clinics in the Fall.

MVNA clinics are staffed by registered nurses. There is no cost to host a clinic. MVNA bills 15 major insurance plans (including Medicare) or accepts cash and checks.

To schedule a clinic or if you have any questions, contact Jeanette Baumgartner at  
baumgartnerj@mvna.org or call 612-617-4512.

## Donor's Corner \$10.00 or Less

The items below cost under \$10.00 and have been requested often by our nurses this summer. At this time, we are in need of:

**\$10.00 Bus Cards**

**\$10.00 Cub Cards**

**Onesies - all sizes**

**Baby sleepers - all sizes**

If you are interested in donating or would like to receive a list of items \$10.00 or less, please contact Michelle Lichtig (lichtigm@mvna.org) 612-617-4600.

For our clients, these items make a difference that is priceless.

## Grants Supporting 2009 Efforts

In the past six months, we have received several grants to support our efforts to purchase essential non-medical items to bridge temporary barriers in our clients' lives. Thanks to, McKesson Corporation, Payless Shoes, Wal-Mart, Boston Scientific, West Metro Medical Foundation, and Church of St. Joan of Arc.

## Does your group, family or organization want to do something for others...but don't know how to go about it?

MVNA Club 100/101 has developed **project kit guidelines** for group participation which include essential non-medical items. The participating group will purchase items for the kits, assemble and donate them to MVNA Club 100/101. The items in the kits usually cost less than \$10.00. Nurses take the prepared kits to their clients with the goal of addressing a particular situation or teaching a skill.

The project kit guidelines include: Nutrition Kits for Infants, Creativity Kits (coloring books/crayons), Rub-a-Dub Dub - Safe in the Tub (bath kits), Board Books (book titles), and Yummy Kits (addressing failure to thrive). We are also developing a kit for older adults.

If you are interested in receiving a set of the guidelines and/or working on a project with your group, family or organization, please contact Michelle Lichtig at lichtigm@mvna.org.



## Minnesota Visiting Nurse Agency

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Visit our engaging new website and meet those touched by MVNA

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