



## COMMUNITY CARING A Newsletter Connecting to MVNA Volunteers

August, 2008

Dear MVNA Volunteer:

**Community Caring** is our new newsletter, bringing you information about Club 100/Club 101, Adopt-A-Family, and other MVNA activities. We hope you will enjoy it.

*MVNA Volunteer Services Staff*

### Wheeled Comfort

**Situation:** Marie is the mother of three-month old twins, Tony and Tonya. The twins look alike, but health-wise, their lives differ. Tonya has a digestive condition which so far doctors have been unable to diagnosis. She has a feeding tube that goes directly into her tiny stomach. Mary, her MVNA nurse, describes the mother as the "absolute sweetest" parent who adores her children.

**Need:** Because of the health condition of Tonya, there are many long days traveling from doctor appointment to doctor appointment. This means many eight-hour days for the twins in a stroller along with transporting feeding tubes and equipment. Mary, the MVNA nurse requested a double stroller, which is sturdy and comfortable, to accommodate these long days away from home.

**Community Response:** Shepherd of the Valley Lutheran Church in Apple Valley recently held a church-wide rummage sale and donated proceeds to MVNA Volunteer Services. These funds enabled MVNA Volunteer Services to purchase a stroller to meet the challenges faced by this mother and her twins. The nurse reported that the recent trip to the doctor went smoother because the twins could nap comfortably during their outing.

### How you can help now!

The requests from our nurses can be large or small -- from a Pack and Play portable crib for safe sleeping which is \$40.00 -- to developmental toys such as snap beads for \$5.00. Many of the items listed below are \$10.00 or less. A donation of these items will bridge the gap in the life of our clients:

#### **Urgently Needed: \$20 Cub Food Cards**

- board books
- pharmacy card (Walgreen's)
- baby/toddler clothes
- bus cards
- diapers
- wooden puzzles
- bath towels

If you are able to purchase any of these items please drop them off at MVNA.

Through community funds, in-kind donations and grants, MVNA Volunteer Services is able to bridge barriers faced by our clients by providing needed non-medical items. These items, along with the care from our nurses, create an environment of supporting health and independence for the clients.

## Volunteer of the Year Award!

MVNA honored Club 100 - Team 11 as Volunteer of the Year at the May Annual Meeting. This group of supporters embodies the adage "ask the busiest people to take on the challenges and you get the best results". For the past three years, Team 11 has hosted *April Shower*, a gathering to honor volunteers, and raise some funds through a silent auction and donations from guests. Of course, Team 11 adds the important panache -- great food and fun! Team 11 includes: Kathy Baer, Wendy Bennett, Barb Bender, Lisa Brown, Nina Centrella, Connie Dressler, Shelley Franz, Karen Karbo, Wendy Sharpe, Laura Silvernale and honorary member, Frank Broderick.

## MVNA Volunteer Services Vision

**Bridging Barriers: Supporting clients' health and independence with community support to provide for non-medical needs.**

Thank you for being a Minnesota Visiting Nurse Agency Volunteer!

Michelle Lichtig  
**Minnesota Visiting Nurse Agency**  
3433 Broadway St. NE Suite 300  
Minneapolis, MN 55413  
612-617-4600  
[www.mvna.org](http://www.mvna.org)

[Join Our Mailing List!](#)